

HEAVEN'S REWARD FALLACY

When sacrifice gets treated as an invoice the world has agreed to pay.

IN PLAIN ENGLISH

Keep saying yes, keep going last, and one day it pays off.

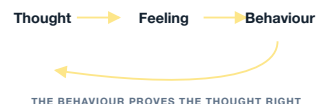
Nobody signed that contract but you.

If it quietly needs paying back, it was not a gift. It was a loan.

THE CLINICAL NAME

Heaven's reward fallacy

An implicit ledger in which self-denial accrues a debt owed by others or by life. It sustains long periods of over-giving and ends in a particular kind of bitterness, because the counterparty never agreed to the terms and does not know a balance is outstanding.



HOW IT RUNS Years of covering for everyone at work and at home

	THE VERDICT	THE NEXT STEP
THOUGHT	"After everything I have done, someone should notice."	"I chose to give. I can also choose to ask."
FEELING	Exhausted, unappreciated, quietly resentful.	Tired, but not owed. Freer to say no.
BEHAVIOUR	Give more. Hint. Wait. Grow bitter.	Ask directly for one thing you need.

THREE TOOLS

- 1 Audit the ledger.** Who agreed to owe you? If nobody, it is not a debt.
- 2 Ask out loud.** Hinting is how the invoice stays unpaid. Make one direct request.
- 3 Give freely or not at all.** If it needs repaying, either negotiate it or decline it.

A MUSLIM LENS

Serving the community for years while waiting for the community to recognise it — and the intention drifts without you noticing.

Check the niyyah — Deeds are by intentions. Ask honestly who the reward is being invoiced to.

Ikhlās, in private — Give one thing nobody will ever know about. It resets the ledger.

Then set a limit — Sustainable service outlasts heroic service. Say no to one thing.

The account is with Allah, and it is not in arrears. It is just not settled here.

THIS WEEK Name one thing you are quietly owed. Either ask for it plainly, or release it.

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